

Good Samaritan Hospital  
Presents

## “Maternal-Child Nursing 2010”

Wednesday, September 1, 2010

7:30a.m. - 4:30p.m.  
Ramada Inn  
Kearney, Nebraska

Registration:

CHI Employees : \$65.00

Other Participants: \$85.00

(Registration includes lunch, refreshment breaks,  
continuing education hours and program materials.)

**NOTE:** \* *You may wish to bring a jacket as room  
temperature may vary.*

\* *As a courtesy to other participants, please turn  
cell phones and pagers off or to silent.*

**Target Audience:** RNs and LPNs

### Course Objectives

1. Define legal terminology
2. Identify potential liability in each step of the nursing process
3. Identify the scope of professional nursing practice
4. Identify the neonate in respiratory distress
5. Recognize common pulmonary causes of respiratory distress/their pathophysiology
6. Recognize pertinent perinatal history, signs & symptoms, and nursing care/stabilization
7. Delineate the physiologic sequelae of prematurity
8. Identify nursing care strategies to prevent & intervene in physiologic sequelae of prematurity
9. Recognize parent education that is necessary to prepare for discharge & caregiving by parents at home
10. Explain the significance of seizures
11. Recognize common etiologies of seizures and neonates at risk
12. Identify the classic categories of neonatal seizures
13. Identify the management of acute neonatal seizures
14. Recognize drugs that precipitate neonatal abstinence syndrome
15. Define NAS and the predominate signs & symptoms
16. Identify the maternal and neonatal effects of exposure to stimulants and alcohol
17. Identify the developmental task of teens
18. Describe the antepartal risk factors that complicate teen pregnancy
19. Describe steps of parent-infant attachment and recognize high-risk parenting behavior
20. Identify 2 evidence-based intervention programs for teens that “work”

## Program

Presented by: Sandra Gardner,  
RN, MS, CNS, PNP

7:30 am	Registration
8:00 am	Welcome
8:10 am	Legal Aspects of Maternal-Child Nursing Practice
9:40 am	Break
10:00 am	Pulmonary Pathophysiology
11:00 am	Physiologic Sequelae of Prematurity
12:00 n	Lunch
1:00 pm	Neonatal Seizures
2:00 pm	Break
2:15 pm	Perinatal Substance Abuse & Drug Withdrawal in the Neonate
3:15pm	Teen Pregnancy
4:15pm	Closing and Evaluations

### Continuing Education

6.5 contact hours awarded

Good Samaritan Hospital is approved as a provider of continuing nursing education by the Nebraska Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Code#NE08-11H02

Participants must attend the entire program and complete an evaluation to receive contact hours.

“Approval as a provider refers to recognition of educational activities only and does not imply ANCC Commission on Accreditation, NNA or Good Samaritan Hospital approval or endorsement of any product.”

### Planning Committee

Jackie Liess, NNP-BC      Carol Wegner, RN  
Karen Navis, RN, BSN      Kathleen Ortegren RN-BC,BS

## REGISTRATION FORM “Maternal-Child Nursing 2010”

\_\_\_\_\_  
Name

\_\_\_\_\_  
Profession

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State                      Zip

\_\_\_\_\_  
Daytime Phone Number

\_\_\_\_\_  
E-Mail Address

Registration fee:

- Catholic Health Initiatives Employee: \$65.00  
 Other Participant: \$85.00

Please return registration by  
Friday August 27, 2010 to:  
Education Department  
Good Samaritan Hospital  
P.O. Box 1990  
Kearney, NE 68848-1990

Make checks payable to:

Education Department  
Good Samaritan Hospital

For more information, please call (308) 865-7091

### Refund Policy

Refund is available if the request is received by August 27, 2010. There will be no refunds after that date.

# Maternal- Child Nursing 2010

Wednesday,  
September 1, 2010

Ramada Inn  
301 2nd Avenue  
Kearney, NE

† CATHOLIC HEALTH  
INITIATIVES

## Good Samaritan Hospital

Kearney, Nebraska

[www.gshs.org](http://www.gshs.org)

## Faculty

### Sandra L. Gardner, RN, MS, CNS, PNP

Sandra L. Gardner, RN, MS, CNS, PNP, is Director of Professional Outreach Consultation, a national and international consulting firm established in 1980. Ms. Gardner plans, develops, teaches and coordinates workshops on perinatal/neonatal/pediatric topics. She is also co-director and founder of Nurse's Professional Development and Practice Association, LLC, a virtual company producing and selling evidence-based policies/procedures/protocols, clinical practice tools and continuing education offerings for nurses.

Ms. Gardner graduated from Sts. Mary & Elizabeth Hospital School of Nursing in 1967 with a diploma. She completed her Bachelor of Science in Nursing (magna cum laude) in 1973 from Spalding College in Louisville, Kentucky. At the University of Colorado School of Nursing she completed a Master of Science degree with a specialty in Maternal-Child Nursing in 1975 and Pediatric Nurse Practitioner in 1979.

Ms. Gardner has worked in neonatal/perinatal care since 1967 as a clinician, practitioner, teacher, author, and consultant. In 1974 she was the first Perinatal Outreach Educator in the country funded by the National Foundation March of Dimes. In 1982 she was a founding Director of the Neonatal Nursing Education Foundation, a non-profit organization established to provide quality continuing education for neonatal/perinatal nurses. Ms. Gardner has had a long association with Lact-Aid International.

Ms. Gardner's writing achievements include a wide variety of articles, pamphlets, chapters, and book reviews. She is co-editor with Gerald B. Merenstein, M.D., of *Handbook of Neonatal Intensive Care*, 7th edition, 2010 and co-edited with Mary Hagedorn a book entitled *Legal Aspects of Maternal Child Nursing Practice*, 1997. She is Editor of *Nurse Currents* a free continuing education publication for neonatal nurses.

Ms. Gardner is an active member of the Colorado Nurses Association/American Nurses Association, the National Association of Neonatal Nurses and The Academy of Neonatal Nursing. She is a founding member of the Colorado Perinatal Care Council, a state advisory council to the Governor and the State Health Department on perinatal/neonatal health care issues.